

HANSAR
THAI WELLNESS

HANSAR BANGKOK HOTEL, 8th FLOOR

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THAI MASSAGE

泰式按摩

Hansar Harmony Thai Massage

THB 790

(90 min.)

THB 1,090

(120 min.)

Hansar Harmony Thai Massage offers a relaxing journey that blends the ancient art of traditional Thai massage with the regal techniques of the royal court. Imagine yourself drifting into serenity, promoting inner balance, and stimulating blood circulation in a realm of tranquility and rejuvenation. 提供了一次将古老泰式按摩艺术与皇家宫廷优雅技法相结合的放松之旅。想象自己在宁静中漂浮，促进内在平衡，刺激血液循环，进入一个宁静与恢复的境界。

Hansar Harmony Thai Aromatic Massage

THB 1,300

(120 min.)

Combining traditional Thai techniques with aroma massage, this treatment uses firm pressure from the palms, thumbs, and forearms on the back to enhance flexibility and induce relaxation through the healing scents of botanical essential oils.

结合传统泰式手法的芳香按摩，使用坚实的掌心、拇指和前臂按压背部，通过植物精油的香气来增强身体的灵活性并诱导放松。

Hansar Harmony Thai Herbal Compress Massage

THB 1,300

(120 min.)

Hansar Harmony Thai Massage blends traditional Thai massage with regal techniques, guiding you to serenity. Experience inner balance and relaxation as herbal compresses envelop you in soothing aromas.

提供了一次放松之旅，将古老的泰式按摩艺术与皇家宫廷的精湛技法相结合。想象一下，您在这种疗法中渐渐进入宁静的状态，促进内在的平衡并刺激血液循环，带您进入一个宁静和恢复的境界。让芳香的草药热敷带您远离喧嚣，进入一个充满宁静与焕发活力的世界。



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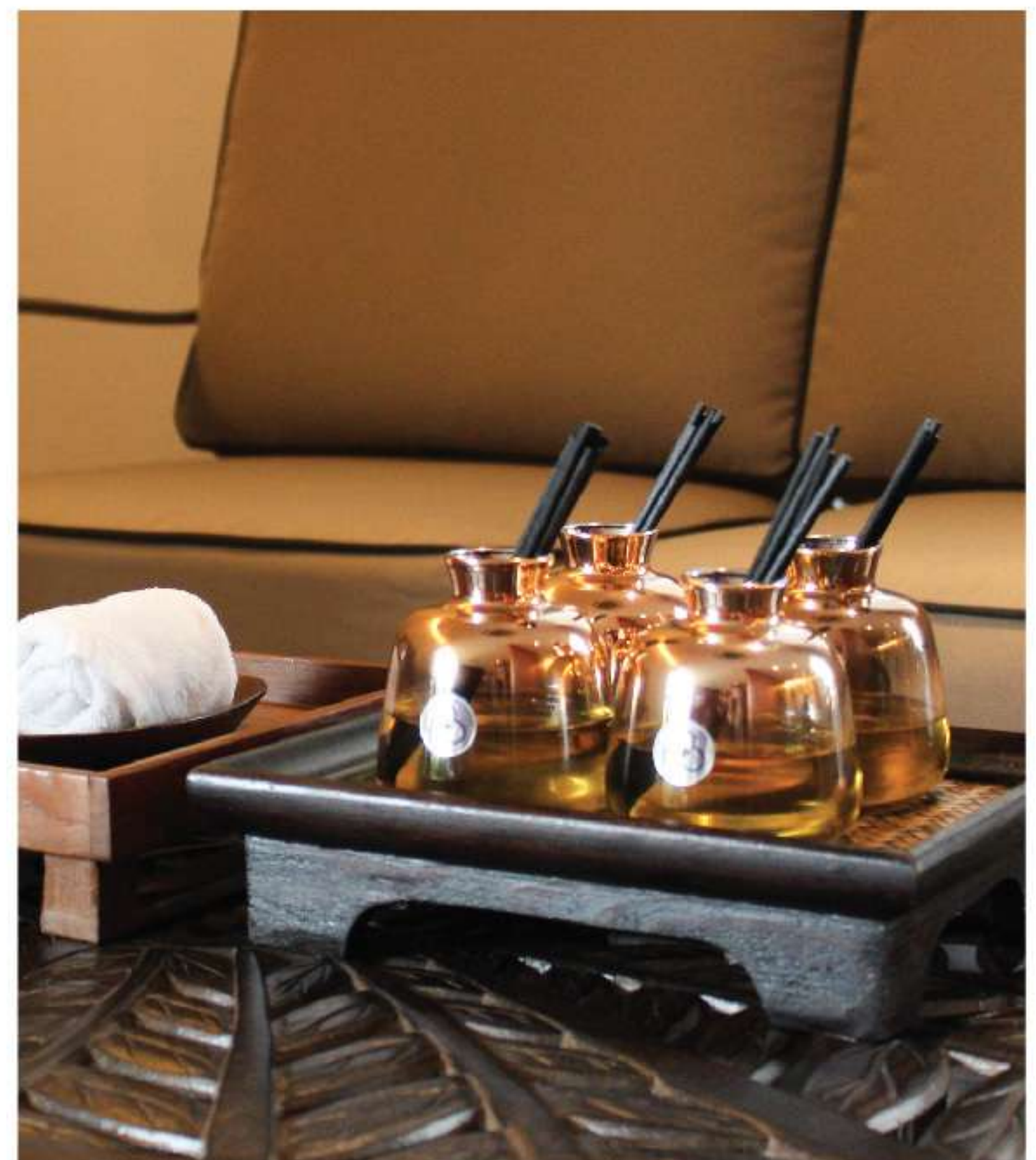
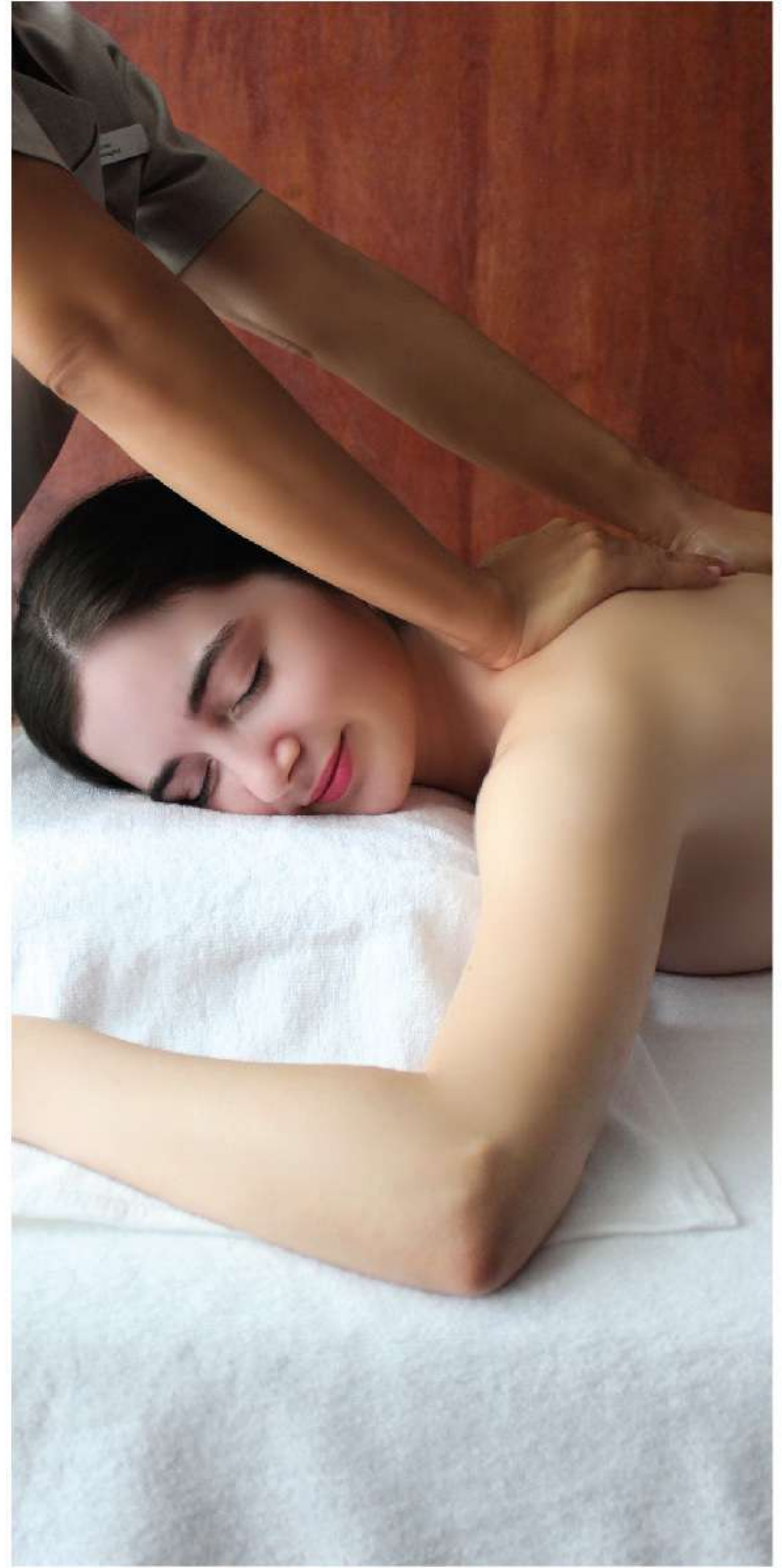
AROMATHERAPY MASSAGE

芳香疗法按摩

Hansar Signature Aromatherapy Massage 泰式芳香疗法

THB 1,100	(60 min.)
THB 1,400	(90 min.)
THB 1,800	(120 min.)

A relaxing treatment that provides light pressure to relieve stress and target key areas of tension and muscle tightness. Gentle movements on the stomach area help improve the digestive system. 为了恢复柔软性和柔韧度以达到最佳的舒适度，采用了一种神奇的放松疗法，缓解关键部位的压力和肌肉紧张。胃部区域的轻柔按摩有助于改善消化系统。



RELAXATION MASSAGE

松按摩

Relaxing Foot Massage

放松足部按摩

THB 600

(60 min.)

THB 900

(90 min.)

This treatment boosts the immune system, promotes balance in the body, and improves blood circulation.

这种治疗有助于增强免疫系统，引导身体达到更平衡的状态，并改善血液循环。

Head Neck Back Shoulder Massage

头颈背肩按摩

THB 400

(30 min.)

THB 600

(60 min.)

Head, Neck, Back, and Shoulder Massage is a relaxing treatment that focuses on the neck, shoulders, and back. It skillfully combines traditional Thai massage techniques with the elegance of royal court massage. This approach relaxes muscles, promotes internal balance, and stimulates blood circulation, guiding you to a state of tranquility and rejuvenation.

头颈背肩按摩是一种放松的疗法，重点关注颈部、肩膀和背部区域。它巧妙地结合了传统泰式按摩技巧与皇家宫廷按摩艺术。这种方法有助于放松肌肉，促进内在平衡，并刺激血液循环，将您引领至宁静与恢复的境界。

